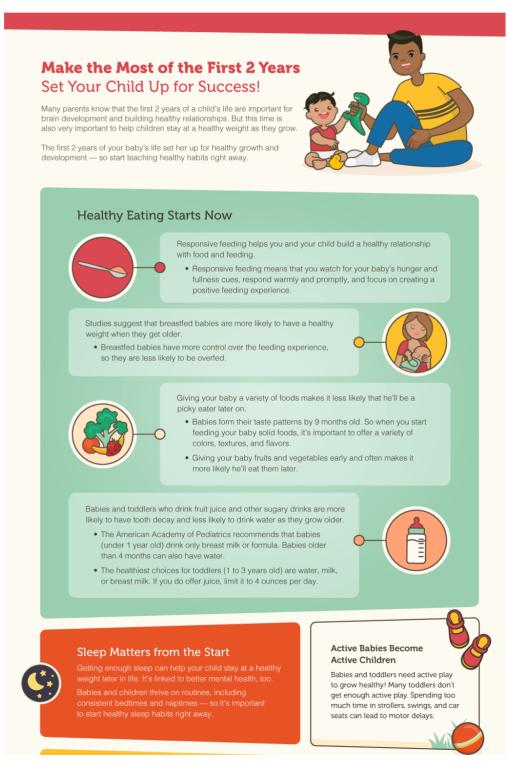


Healthy Children (/English) > Ages & Stages (https://healthychildren.org/English/ages-stages) > Baby (https://healthychildren.org/English/ages-stages/baby) > Healthy Habits to Master in Your Baby's First Two Years

**AGES & STAGES** 

## Healthy Habits to Master in Your Baby's First Two Years





## Additional Information from HealthyChildren.org:

- Tracking Your Baby's Weight and Measurements (/English/ages-stages/baby/Pages/Tracking-Your-Babys-Weight-and-Measurements.aspx)
- How Often and How Much Should Your Baby Eat? (/English/ages-stages/baby/feeding-nutrition/Pages/How-Often-and-How-Much-Should-Your-Baby-Eat.aspx)
- Milestones During the First 2 Years (/English/ages-stages/toddler/Pages/Milestones-During-The-First-2-Years.aspx)
- Healthy Digital Media Use Habits for Babies, Toddlers & Preschoolers (/English/family-life/Media/Pages/Healthy-Digital-Media-Use-Habits-for-Babies-Toddlers-Preschoolers.aspx)
- Healthy Sleep Habits: How Many Hours Does Your Child Need (/English/healthy-living/sleep/Pages/Healthy-Sleep-Habits-How-Many-Hours-Does-Your-Child-Need.aspx)
- Growing Healthy (/english/healthy-living/growing-healthy/pages/default.aspx)

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The information contained on this Web site should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.

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e HONcode standard for trustworthy health (http://www.healthonnet.org/HONcode/Conduct.html)

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